

# Winter 2017 Gym Schedule

TIME	SUN		MON	TUES		WED		THURS		FRI		SAT
6:00-6:30			SWIM TEAM			SWIM TEAM				SWIM TEAM		
6:30-7:00			SWIM TEAM			SWIM TEAM				SWIM TEAM		
7:00-7:30												
7:30-8:00												
8:00-8:30												
8:30-9:00	Men's Bball											
9:00-9:30	Men's Bball				PS GYM	PS GYM						
9:30-10:00	Men's Bball				PS GYM	PS GYM						
10:00-10:30	Men's Bball				PS GYM	PS GYM						
10:30-11:00	Men's Bball				PS GYM	PS GYM						
11:00-11:30	Men's Bball											
11:30-12 pm	Men's Bball											
12:00-12:30	Men's Bball			FITNESS			FITNESS					
12:30-1:00	Men's Bball			FITNESS			FITNESS					
1:00-1:30	on the court				PS GYM	PS GYM						
1:30-2:00	on the court	J ZONE			PS GYM	PS GYM						
2:00-2:30	on the court	J ZONE			PS GYM	PS GYM						
2:30-3:00	on the court											
3:00-3:30	on the court		"J" CREW		"J" CREW		"J" CREW		"J" CREW		"J" CREW	
3:30-4:00	on the court		"J" CREW		"J" CREW		"J" CREW		"J" CREW		"J" CREW	
4:00-4:30	on the court		"J" CREW		"J" CREW		"J" CREW	GYMNASTICS	"J" CREW		"J" CREW	
4:30-5:00		J ZONE	"J" CREW	FITNESS	"J" CREW		"J" CREW	GYMNASTICS	"J" CREW		"J" CREW	
5:00-5:30		J ZONE	FITNESS	"J" CREW	"J" CREW	FITNESS	"J" CREW		"J" CREW		"J" CREW	highschool basketball
5:30-6:00			FITNESS	"J" CREW	"J" CREW	FITNESS	"J" CREW		"J" CREW		"J" CREW	highschool basketball
6:00-6:30						FITNESS		FITNESS				highschool basketball
6:30-7:00				badminton								highschool basketball
7:00-7:30	adult soccer	adult soccer	badminton	Men's 35 Bball				Adult Open Gym				highschool basketball
7:30-8:00	adult soccer	adult soccer	badminton	Men's 35 Bball		highschool basketball		Adult Open Gym				highschool basketball
8:00-8:30	adult soccer	adult soccer	badminton	Men's 35 Bball		highschool basketball		Adult Open Gym				highschool basketball
8:30-9:00	adult soccer	adult soccer	badminton	Men's 35 Bball		highschool basketball		Adult Open Gym				highschool basketball
9:00-9:30			badminton	Men's 35 Bball		highschool basketball		Adult Open Gym				
9:30-10:00				Men's 35 Bball		highschool basketball		Adult Open Gym				
	Please note, if a slot is blank the gym is open.											
	<b>Sunday Afternoon's Change Weekly - Call the Front Desk for any Updates</b>											
	PS Gym - Preschool Gym											
	Schedule is subject to change at any time											