

SPRING 2018 Gym Schedule

TIME	SUN	MON	TUES	WED	THURS	FRI	SAT	
6:00-6:30								
6:30-7:00								
7:00-7:30								
7:30-8:00								
8:00-8:30								
8:30-9:00	Men's Bball							
9:00-9:30	Men's Bball							
9:30-10:00	Men's Bball							
10:00-10:30	Men's Bball							
10:30-11:00	Men's Bball							
11:00-11:30	Men's Bball							
11:30-12 pm	Men's Bball		J CARES		J CARES			
12:00-12:30	Men's Bball		J CARES		J CARES			
12:30-1:00	Men's Bball		J CARES		J CARES			
1:00-1:30								
1:30-2:00	J ZONE							
2:00-2:30	J ZONE							
2:30-3:00	SO Cycling							
3:00-3:30	SO Cycling							
3:30-4:00					PRESCHOOL		PRESCHOOL	
4:00-4:30		"J" CREW	"J" CREW	"J" CREW	PRESCHOOL		PRESCHOOL	
4:30-5:00	J ZONE	"J" CREW	"J" CREW	"J" CREW	"J" CREW	"J" CREW	"J" CREW	
5:00-5:30	J ZONE	"J" CREW	"J" CREW	"J" CREW	"J" CREW	"J" CREW	"J" CREW	
5:30-6:00								
6:00-6:30								
6:30-7:00								
7:00-7:30		BADMINTON	Men's 35 Bball		Adult Open Gym			
7:30-8:00		BADMINTON	Men's 35 Bball		Adult Open Gym			
8:00-8:30		BADMINTON	Men's 35 Bball		Adult Open Gym			
8:30-9:00		BADMINTON	Men's 35 Bball		Adult Open Gym			
9:00-9:30			Men's 35 Bball					
9:30-10:00			Men's 35 Bball					
	Please note, if a slot is blank the gym is open.							
			Sunday Afternoon's Change Weekly - Call the Front Desk for any Updates					
	PS Gym - Preschool Gym							
	SO - Special Olympics		Schedule is subject to change at any time					