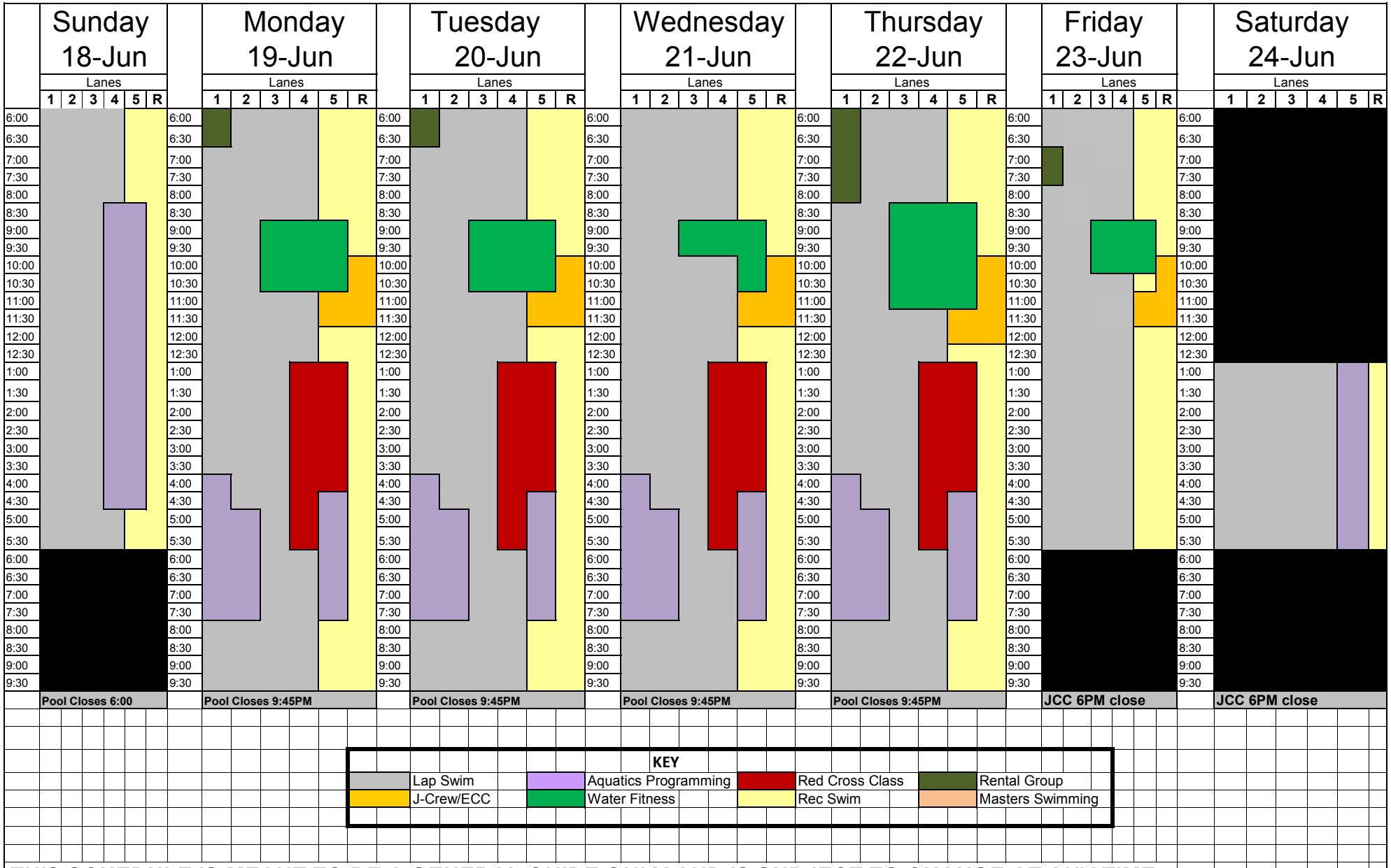
SSBJCC Indoor Pool Schedule
June 18 to June 24th 2017



THIS SCHEDULE IS MEANT TO BE A GENERAL GUIDE ONLY AND IS SUBJECT TO CHANGE AT ANY TIME.

TO BE ADDED TO THE AQUATICS EMAIL LIST, PLEASE SEND YOUR MESSAGE OR ADDRESS TO STEPHANIE JOHNSON, AQUATICS DIRECTOR: SJOHNSON@SSBJCC.ORG.

LAP LANES ARE RESERVED FOR SWIMMERS AGES 10 AND OVER. WHEN THERE IS ONLY 1 LAP LANE THE RECREATIONAL LANE WILL BE THE RAMP.

RECREATIONAL LANE: THIS LANE IS FOR THE USE OF OUR CHILDREN AND FAMILIES. LAP SWIMMERS ARE WELCOME TO USE THIS LANE, HOWEVER SHOULD BE ADVISED THAT THIS LANE IS NOT EXCLUSIVE TO LAP SWIMMING.

LAP LANE ETEQUITTE: Before jumping into a lane to swim, please make sure the swimmer in that lane is aware that you will be sharing with them.

CIRCLE SWIM: If more than 2 people are in a lap lane at a given time, circle swim will be in effect. All swimmers will need to keep the lane line to their right.

Passing must be completed on the left in a safe manner for all swimmers. No flip turns. Aquatics Staff reserves the right to shift persons in lanes as necessary.

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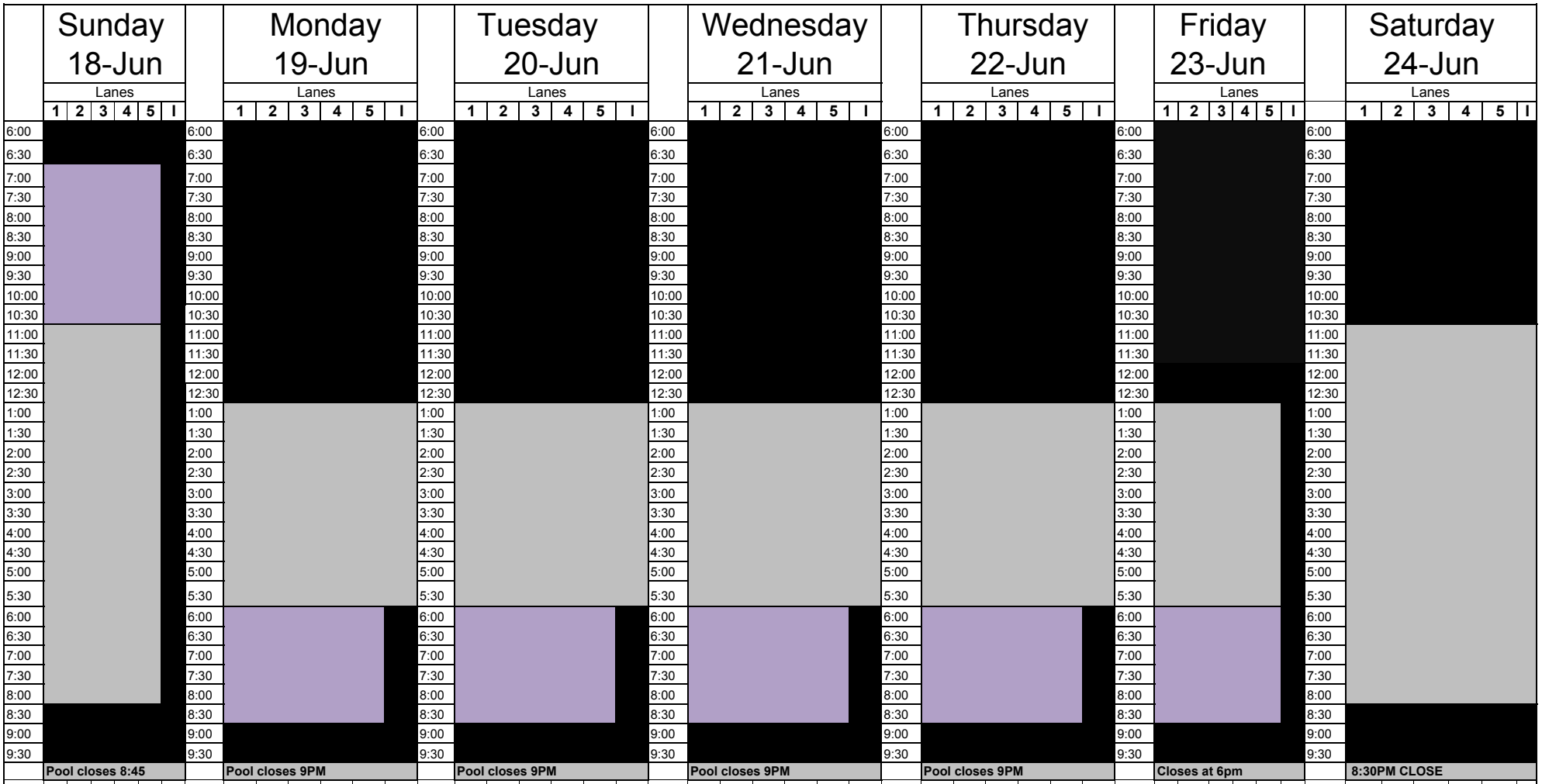

KEY

Lap Swim	Aquatics Programming	Red Cross Class	Rental Group
J-Crew/ECC	Water Fitness	Rec Swim	Masters Swimming

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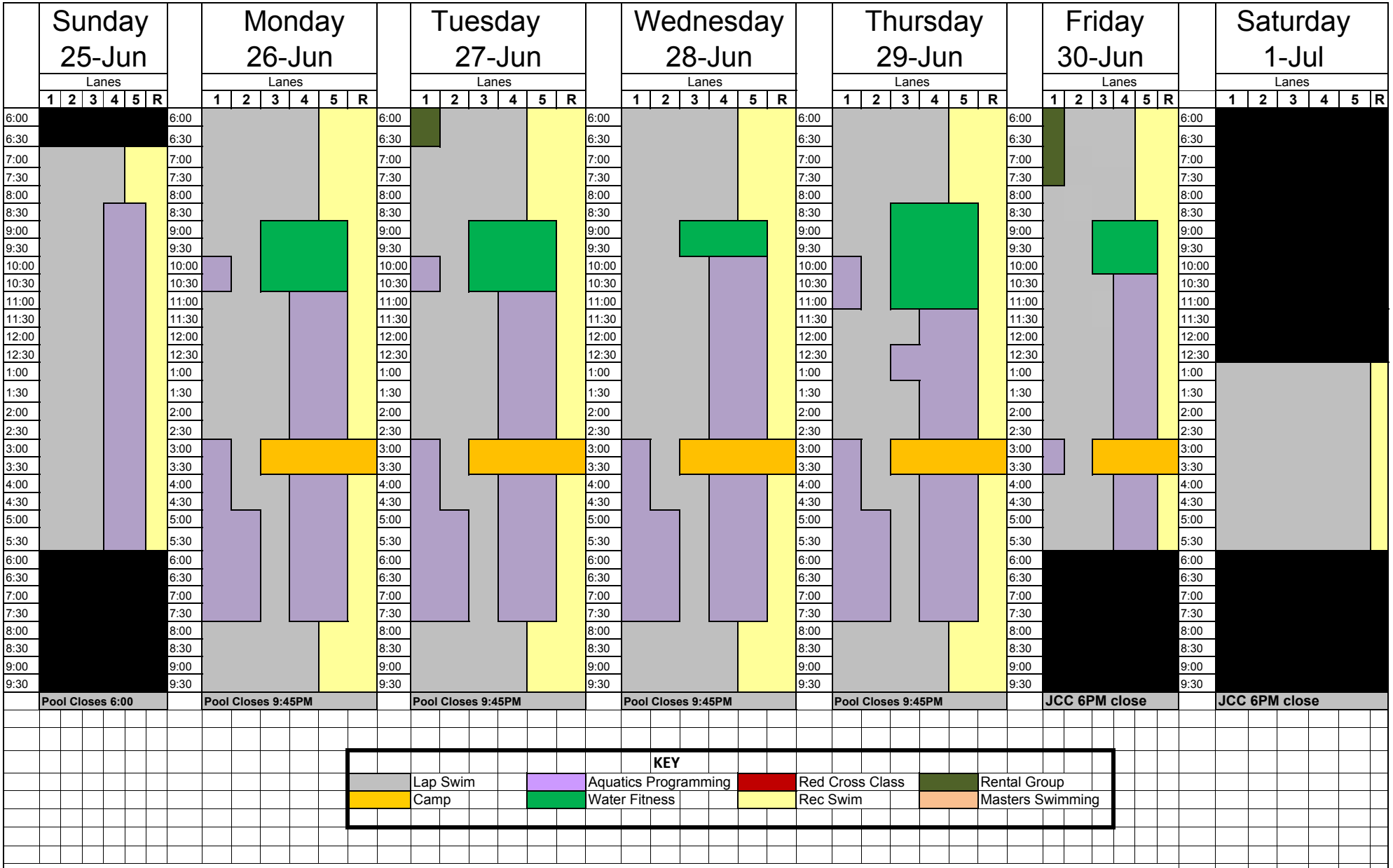
SSBJCC Indoor Pool Schedule
June 25th to July 1st 2017



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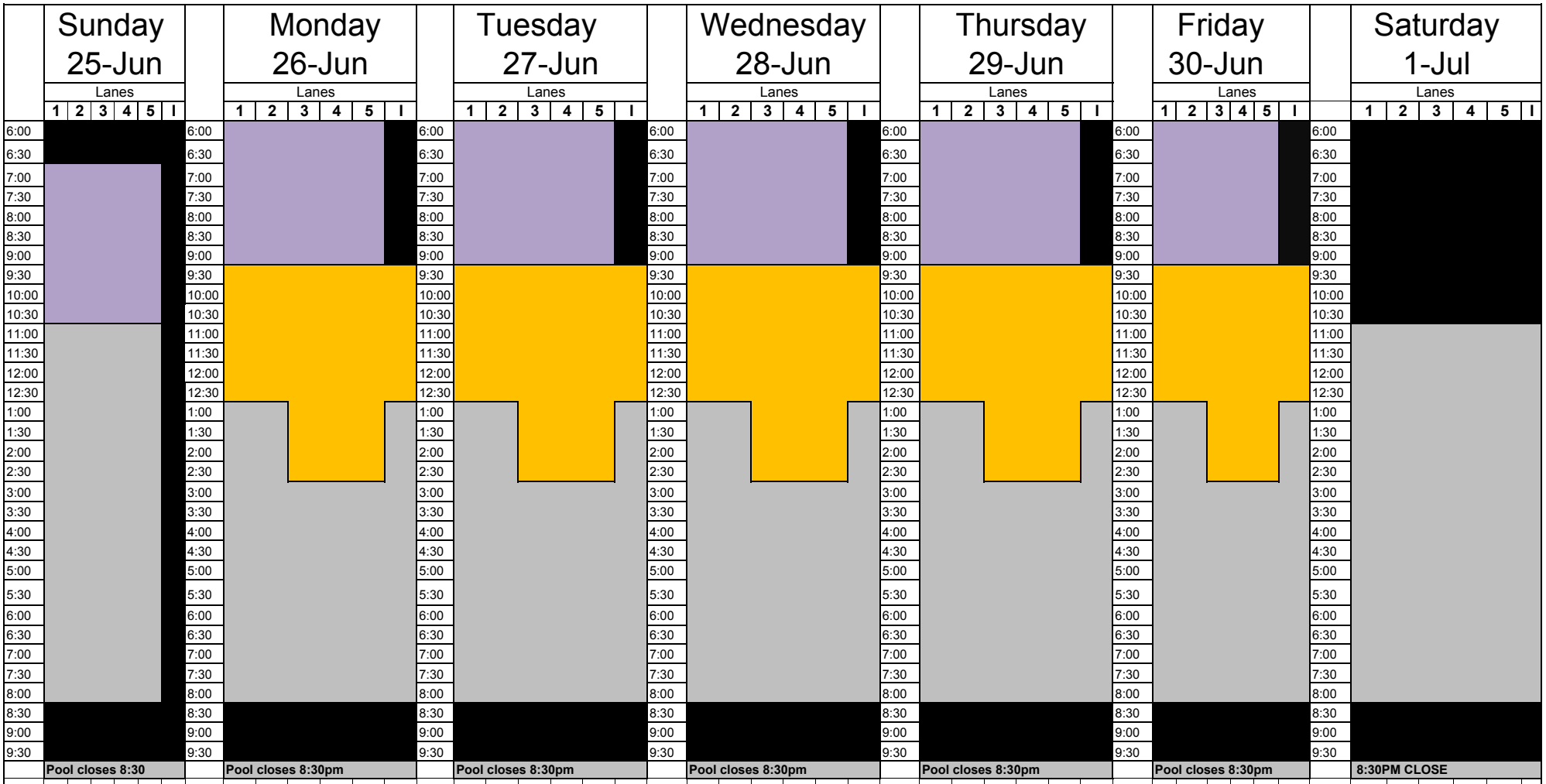

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